

[Print](#) | [Close Window](#)**Subject: Center for the New Age Newsletter****From: "Center for the New Age - Sedona, AZ" <psychics@esedona.net>****Date: Mon, Mar 05, 2012 10:04 am****To: c4na1@rlsconsulting.com**

Center for the New Age

888-881-6651

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## New from the Center !

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Dear Robert,

We hope that you enjoy the additional information provided by our new format !

Updates from the Center

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The Center for the New Age in Sedona, AZ is a lighthouse for spiritual seekers of the truth. We have an extensive Library of New Age information and resources.

Starting with this e-mail newsletter, we will be increasing the frequency of our mailings and want to know that if you wish to keep the once a month e-mail, please update your subscription preferences. [< HERE >](#)

Thanks for your interest in the Center for the New Age !

### Introduction to Chakras

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Chakra is the Sanskrit word for "wheel." Our chakras are invisible energy centers, vortices of spinning energy along the center core of our bodies, interfacing between the physical and subtle (intangible) worlds.

Some people can "see" or "feel" the chakras . You may even be able to do this yourself. Lie on your back and pass your hand over your front midline, a few inches above your body. You may feel the chakras as intense concentrations of energy; you may even feel

[< more >](#)



Aromatherapy & the Benefits of Essential Oils

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The art of aromatherapy has been developed and refined for centuries. Once banned as sorcery, the power of aroma awakens our instincts and subconscious responses. Of our five human senses, our sense of smell is the one sense that most triggers memory. Therefore, it is not unreasonable to note the effect of smell on the unconscious mind.

Essential oils are fatty solubles, capable of penetrating cell walls, even if particular cell walls have hardened due to oxygen deficiency. These oils can affect every cell of the body within twenty minutes and are metabolized like other nutrients. They are powerful antioxidants that

[< more >](#)

### Letting Love Back into One's Flow

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Love doesn't ever shut itself off, but we can get pretty good at blocking it or turning away from it. I believe there is a spiritual cure for depression, anxiety and even loss. The cure is our acceptance of how unconditionally loved we really are.



When we feel loved, we feel empowered. And when we feel empowered, we can move mountains. On the other hand, when we feel disconnected from love, our world seems to fall apart around us. [<more >](#)

How to Communicate with Angels

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Often people want to get in touch with their spirit guides for any variety of reasons. In times of uncertainty and difficulty, more than ever, people want guidance; they want help. They want answers to relieve their feelings of confusion and frustration.

Spirit guides are very helpful because that's their job. They have many opportunities to influence you so that you move toward what is best for you. [< more >](#)

### Discovering the Tree Dryads

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Dryads are the "Higher Self" of trees and tree groups. Whereas trees have tribal characteristics - explicit traits associated with various types of trees i.e. Oak, Sycamore, etc. - Dryads of each tribe have different vibratory rates which enable whole groups of them to live together, quite comfortably in the same small volume of space.



Basically, this is why the countryside feels different from the town; there are a lot more Dryads about. In fact, in many areas, the whole landscape is covered with a thick layer of inter-penetrating Dryads all doing [< more >](#)

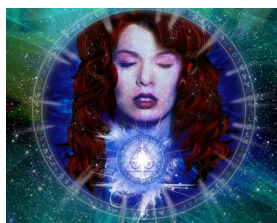
Psychics and Healers

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Our **newest** Psychics and Healers:

[Frank](#), [Gigi](#), [Steve](#)

Our other World Famous Psychics:



[Jamie](#), [Madison](#), [Scottie](#), [Victor](#) ( new video ! ), [Rachel](#), [Nancy](#), [Concetta](#), [Maria Carmella](#), [Arlene](#), [Ron](#), [Anita](#), [Melinda](#), [Susie](#), [Standswithbear](#)

And don't forget about our: [Vortex Tours](#), [UFO Tours](#) and [Aura Photography](#) !

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### Contact Information

We have a number of readers/psychics/healers at the Center for the New Age, any one of whom can help you find your path or understand why situations occur and how you can deal with them. Our readers are listed on our website - [sedonanewagecenter.com](http://sedonanewagecenter.com) - under "[psychic readers](#)." Please take a look and see with whom you resonate. You can make an appointment or find out additional information by calling our Concierge at **928-282-2085** or by emailing the reader(s) directly.

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